

Spring / Summer Menu

ROYD



Colours in the left column represent the band colour your child should choose for the meal that day

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
14th April, 5th May, 16th May, 16th June, 7th July, 28th July, 18th Aug, 8th Sept, 29th Sept, 20th Oct	Main Meal Option	Pork Sausage Toad in the Hole & Mashed Potato	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice Macaroni Cheese	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad	MSC Fish Fingers & Chips
	Vegetarian Meal Option	Veggie Sausage Toad in the Hole & Mashed Potato		Quorn Grill, Gravy, Stuffing & Roast Potatoes	Cheese, Onion & Potato Pie & Home-baked Potato Wedges	Cheese Flan, Chips & Ketchup
	Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn	British Red Tractor Garden Peas, Sliced Carrots	Broccoli, Cauliflower & Carrots	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn	British Red Tractor Garden Peas, Baked Beans
	Sandwiches	Tuna Mayo Or Egg Mayo	Ham Or Cheese	Hot Chicken Baguette Or Cheese	Tuna Mayo Or Egg Mayo	Ham Or Cheese
	Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese, Salmon Mayo, or Beans
	Dessert	Flapjack & Orange Smiles	Marble Sponge ^{VG} & Custard/Chocolate Sauce	Strawberry Jelly with Watermelon Slice ^{VG}	Vanilla Cookie ^{VG}	Iced Sponge Cake
WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
21st April, 12th May, 2nd June, 23rd June, 14th July, 4th Aug, 25th Aug, 15th Sept, 6th Oct, 27th Oct	Main Meal Option	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread	Roast Gammon with Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Sunny Rice	MSC Fish Fingers & Chips
	Vegetarian Meal Option	Cheese & Onion Pastry Roll & Home-baked Potato Wedges	Plant-based Pasta Bolognese & Garlic Bread Vg	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes	Cheesy Bean Pitta	Crispy Vegetable Fingers & Chips Vg
	Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas, or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
	Sandwiches	Egg Mayo Or Cheese	Tuna Mayo Or Cheese	Hot Gammon Baguette Or Egg Mayo	Tuna Mayo Or Cheese	Ham Or Cheese
	Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
	Dessert	Banana Cake Vg & Custard	Shortbread & Orange Slices Vg	Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg
WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov	Main Meal Option	Chicken Meatballs in Tomato Sauce with Sunny Rice	Cottage Pie	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad	MSC Fish Fingers & Chips
	Vegetarian Meal Option	Cheesy Tomato Pasta Bake	Quorn Mince Cottage Pie	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Cheese Flan & Home-baked Potato Wedges	Crispy Vegetable Fingers & Chips ^{VG}
	Vegetables	British Red Tractor Garden Peas, Baked Beans	Broccoli, Cauliflower & Carrots	Broccoli, Carrots & Sweetcorn	British Red Tractor Garden Peas or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
	Sandwiches	Ham Or Egg Mayo	Tuna Mayo Or Cheese	Hot Chicken Baguette Or Cheese	Tuna Mayo Or Egg Mayo	Ham Or Cheese
	Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
	Dessert	Flapjack & Fruit Slices	Chocolate Cookie & Orange Wedges ^{VG}	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VG} & Chocolate Sauce	Homemade Jam Sponge & Custard